



## CORNERSTONE CHRISTIAN SCHOOL

34570 Monte Vista Dr.  
Wildomar, CA 92595  
951-674-9381 x 2081

### INHERENT RISK FORM

\_\_\_\_\_ (sport) is an exciting activity that can involve forceful contact with the ground or another player. The sport is also frequently played during inclement weather conditions, such as heat, rain, etc. Because of these conditions inherent to the sport, participating in this activity exposes the athlete to many risks of injury. Those injuries include, but are not limited to, death; paralysis due to serious neck and back injuries; brain damage; damage to internal organs; serious injuries to the bones, ligaments, joints and tendons; and general deterioration of health. Such injuries can result not only in temporary loss of function, but also in serious impairment of future physical, psychological and social abilities, including the ability to earn a living.

In an effort to make this sport as safe as possible, the coaching staff will instruct the players concerning the rules and the correct mechanics of all skills. It is vital that athletes follow the coach's skill instruction, training rules and team policies to decrease the possibility of serious injury. Team rules and policies are listed in the Athletic Handbook each athlete receives at the preseason meeting.

We have read the information above concerning the risk of playing this sport. We understand and assume all risks associated with trying out, practicing and playing. We further agree to hold Cornerstone Christian School and its employees, representatives, coaches, volunteers and agents harmless in any activity and all legal actions, claims, or additional legal action in connection with participation in any activities related to participation on the Cornerstone Christian \_\_\_\_\_ (sport) team.

In signing this form, we assume the inherent risks of this sport and waive future legal action by our heirs, estate, executor, administrator, assignees, family members and ourselves.

Date: \_\_\_\_\_

Name of athlete: \_\_\_\_\_

Signature of the athlete: \_\_\_\_\_

Signature of mother (or legal guardian): \_\_\_\_\_

Signature of father (or legal guardian): \_\_\_\_\_

(Both parents should sign if possible)